



Trinity Lutheran School

April 2019 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG mini corn dogs French fries Baked beans Carrot sticks Peaches Milk	2 Baked chicken or Chicken patty on WG bun Mashed potatoes w/gravy Green beans Pineapple Milk	3 Hot ham & cheese on a WG Bun French fries Pickles Pears Carrot sticks Milk	4 Taco salad WG hot roll Corn Applesauce Milk	5 Pizza (ground beef or cheese) Green salad (light & dark) WGR garlic bread w/butter Broccoli, cucumbers Peaches Milk
8 Turkey & cheese sub on a WG bun Potato wedges Peas Pears Milk	9 Chicken soft taco Nachos (WGR) w/cheese Romaine shredded lettuce Corn Peaches Milk	10 Chili w/crackers Peanut butter or egg salad Sandwich (WG bread) Carrots, broccoli, cucumber Apples, bananas Milk	11 Hot dog on a WG bun Tater tots Baked beans Pineapple, mandarin oranges Milk	12 WG spaghetti w/meat sauce Garlic bread Mixed greens Strawberries, carrot sticks Milk
15 Fish sticks French fries Corn/broccoli Mixed greens Milk	16 Tacos w/WGR shells WG rolls Mixed greens Corn Applesauce Milk	17 Diced chicken & gravy Rice WG hot roll Peas Pineapple Milk	18 WG french toast sticks Tater tots Celery w/peanut butter Broccoli, carrot sticks Peaches Yogurt Milk	19 No School Good Friday
22 No School Easter Monday	23 Hamburger on a WG bun French fries Veggies w/dip Peaches Milk	24 WG pancakes w/sausage Tater tots Carrot sticks Applesauce Pears Milk	25 Chicken noodle soup Peanut butter or egg salad Sandwich (WG bread) Carrot sticks Oranges, apples Milk	26 Hot turkey on a WG bun Green beans, cooked carrots Cole slaw Pears Milk
29 Lasagna WGR garlic bread w/butter Mixed green salad Pineapple Milk	30 Chicken nuggets Tater tots WG hot roll Romaine lettuce Applesauce Milk			

BREAKFAST \$1.65

LUNCH PRICES

Paid	\$2.85
Reduced	\$0.40
Additional milk	\$0.50
Snack Milk	\$0.50
Adult/Guest	\$3.50

Daily Breakfast Offerings Include:

- 1 cup milk
- Choice of:
 - ½ cup fresh fruit
 - ½ cup fruit juice
- Choice of:
 - 1 cup dry cereal
 - 4 oz yogurt
 - 1 hardboiled egg
 - 2 granola bars
 - String cheese

Free & reduced meal applications can be requested from the office any time throughout the school year.

Key:

WGR – Whole Grain Rich
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USDA is an equal opportunity provider and employer.

